

Interscholastic Athletics

Coach's Duties

In accordance with district policy and the coach's job description, the coach has the duty to:

Instruct Participants

The coach should employ the latest methods and proper instruction when working with students to develop motor skills.

Warn Participants

The coach should inform all athletes and their parents of the inherent risks involved in participation in the particular sport, including the very small risk of infection with a blood-borne pathogen. The coach must describe, using a variety of methods, the catastrophic and common non-catastrophic injuries unique to the sport.

Supervise Participants

The coach will create a daily plan, showing how the coach plans to conduct general supervision of the sport, and how he/she will supervise specific drills and other components of the daily practice. Adequacy of supervision should be reviewed in terms of quality and quantity and should include factors such as: the age of the students, the size of the students, the equipment involved, the maturity level of the students, the first aid equipment and training available, the appropriate certification of supervisors where required, and the safety training of the personnel involved.

Provide Safe Equipment and Facilities

Equipment should be properly fitted and maintained. Athletes should be instructed on how to conduct a daily inspection. Facilities should be free of hazards and inspected regularly.

Maintain Records of Injuries

A report should be completed for each accident. Injury reports should be maintained for a period of five years after the student's 21st birthday.

Assess Fitness of Participants

The coach will assess the physical fitness, the medical condition, and the skill level of athletes prior to participation in sporting activities.

Provide Equal Protection and Due Process

While participation in co-curricular activities is a privilege, a student whose participation will be terminated based on an alleged violation of the conduct code must be afforded the opportunity of a fair hearing.

Transport Athletes Safely

A coach has a duty to see that athletes are safely transported to and from contests and to and from practices if practices are held at sites other than the immediate school grounds.

Group Participants

The coach has the duty to employ a recognized system of grouping for participants in a particular sport that will avoid unequal and unsafe participation. The system of grouping will be based upon skill level, age, maturity, sex, size, and experience.

Foresee Danger

A coach should be able to reasonably anticipate foreseeable dangers that may occur if the activity is continued in a facility, or with equipment, or in a situation, and take precautions protecting the children in his/her custody from such dangers.

Protect From Loss

A participant is required to present evidence that he/she is covered by an accident policy. A blanket catastrophic (“no fault”) insurance provides coverage for serious injuries.

The duties listed above are not meant to be comprehensive. In carrying out the duties of the assignment, a staff member is expected to act as a reasonable professional would act under similar circumstances. A staff member who supervises a sports activity is expected to know the intricacies of the activity that he/she is leading.

Summer Sports Activities/Clinics

Rules governing out-of-school and/or out-of-season student sports participation are as follows:

- A. A practice is defined as the teaching phase of a sport to any present, past or future squad member while as the student is in grade 7-12. Practices can take place during the school year or during the summer. The school may not sponsor, promote or direct activities which resemble out-of-season practices or contests during the school year or summer.

A school staff member who sponsors, promotes or directs such activities during the summer vacation will clearly indicate that he/she is operating independent of the school district. As such, the school district will be free of liability associated with the activity.

- B. Students will be advised that participation in a commercial summer camp or clinic or other similar type of activity will not begin until the conclusion of the final WIAA state tournament of the school year. Participants in a fall school sports program may not attend any summer camp/clinic in that sport after August 1 until the first fall sports turnout. The school should announce by school bulletin that summer sports camp/clinic is neither endorsed nor sponsored by the district.
- C. A coach (contracted or volunteer) may not sponsor, promote, coach or direct activities which resemble out-of-season practices or contests in the sport they coach to any of their squad members or future squad members (grades 7-12) until after the school year's final WIAA state tournament.
- D. The use of the school bulletin board, public address system or school newspaper for promotional purposes to announce sports clinics/camps will fall within the same guidelines as applied to other commercial endeavors.
- E. School facilities to be used for summer activity and/or sports camps may be rented consistent with the rates, rules, and regulations applicable to other commercial uses. A user shall hold the district free and without harm from any loss or damage, liability or expense that may arise during or be caused in any way such use of school facilities. Authorization for use of school facilities shall not be considered as endorsement of or approval of the activity group or organization nor for the purposes it represents.

A user will hold the district free and without harm from any loss or damage, liability or expense that may arise during or be caused in any way such use of school facilities. Authorization for use of school facilities will not be considered as endorsement of or approval of the activity group or organization, or the purposes it represents.

Athletic Code

The opportunity to participate in the interscholastic athletic program is a privilege granted to all students of the district. Participants in this voluntary program are expected to conform to specific conduct standards established by the principals and athletic coaches.

A student who is found by a certificated staff member of the student's school to be in violation of any rules is subject to removal from the team. A student who has allegedly violated one or more of the conduct rules may appeal a disciplinary action as specified in this code.

The following rules will be applicable for a sports season:

Use and/or Possession of Alcoholic Beverages, Tobacco

An athlete who is found to be in possession of alcohol or tobacco products may be removed from the athletic team for three weeks (first offense). If the student violates the rule twice during the sports season, he/she will be dropped from the team for the season.

Use and/or Possession of Illegal Chemical Substances or Opiates

An athlete who is found to be in possession of illegal chemical substances (including marijuana/cannabis) or opiates will be removed from the team for the balance of the sports season.

Physical Appearance

An athlete will maintain the dress and grooming standards of the team. The first offense will result in a verbal warning. Repeated offenses will result in removal from the activity for five (5) school days.

Curfew

Due to the types of schedules of the various sports, each coach may set the specific curfew times for their teams by the participant's coach.

Unsportsmanlike Conduct

An athlete will exhibit appropriate conduct in practices and/or contests.

The first offense will result in a verbal warning. Repeated offenses will result in removal from the activity for five (5) school days.

Attendance at School

An athlete will attend school for at least one-half day on the day of an athletic contest. If an athlete receives an unexcused absence for any portion of the day, the athlete will be ineligible to participate in the activity/contest on that day. If excused, the athlete may participate if he/she was in attendance for one-half day or more.

Absence from Practice

An athlete is expected to be in attendance at all team practices unless excused for illness or by prior approval. If an athlete is absent from practice and not excused, the athlete will be ineligible to participate in the next contest.

Violation of Law on School Grounds

When a student is found guilty of an offense committed while on school grounds or at a school activity, the corrective action will depend upon the nature of the violation.

Repeated Offenses

If a student repeatedly violates one of the above rules, he/she may be removed from the team for the remainder of the sports season.

**TONASKET HIGH SCHOOL
ATHLETIC CODE**

Athletics means more than competition between individuals or teams representing different schools. It is rather, a means of building a way of life truly respected in our society. It teaches understanding and appreciation of teamwork - that to participate means success, and to follow training rules means healthy living habits and establishes high team morale. This results in a mutual trust by coaches and other team members. Athletics exemplifies the philosophy that dedication, drive, and determination bring eventual success.

The athlete, managers, scorekeepers, statisticians, cheerleaders and mascots by reason of participation in spectator events and the light in which they are viewed by younger students and peers, is more closely observed by home community, and school than other students. Therefore, it is important that their behavior remain above question. As a student leader, each must accept the responsibilities and obligations placed by those represented.

The Tonasket School District and community are proud of the academic successes that our individual athletes and teams have earned over the years. Students/athletes must learn to plan and organize their time to best balance their athletic responsibilities with their more important academic responsibilities.

The following rules apply to these special participants at Tonasket High School.

LOCAL PARTICIPATION REQUIREMENTS

The following local requirements must be met prior to participation in a given sports season: Once each is on file in the Athletic Director's office it will apply for the remainder of that school year.

- A. A medical physical prior to the first practice must be on file in the Athletic Director's office. (Student managers, Scorekeepers and Statisticians are not required to have a physical.)
- B. Purchase of school sponsored athletic insurance or insurance waiver signed by a parent or guardian on file in the Athletic Director's office prior to the first practice. A waiver must state the name of the insurance company and policy number.
- C. Purchase of a valid Tonasket High School ASB card prior to the first scheduled athletic contest.
- D. Tonasket High School Athletic Code signed by parents/guardians and student athlete prior to the first contest.
- E. An emergency treatment medical form signed by parents/guardian on file with the participant's coach prior to the first scheduled practice. These medical forms shall be carried with the coach throughout the sports season.
- F. The Tonasket School District requires that parents/guardians and their student athletes attend a meeting to be participating. An additional meeting will be held in the Spring required only of those parent/athletes that did not attend a previous meeting. These meetings will deal with issues of student safety, team and individual expectations, and other topics that pertain to the sport for which the student is turning out.

DEFINITIONS OF ATHLETIC CODE TERMS

- A. Major athletic code offenses:
 - 1. Tobacco- Smoking, chewing/use of or in possession of.
 - 2. Alcohol- Use of, possession of or remaining in premise/location serving alcohol illegal.
 - 3. Illegal drugs- Use of, possession of, sale of, or remaining, premise /location where illegal drugs are being use.
 - 4. Hazing- A ritualistic test and a task involving harassment, abuse or humiliation used as a way of initiating a person into an organization or other group.
- B. Competitive season- Games, meets or matches during the current season in which the athlete is participating.

- C. Off season- Anytime between the first fall practice to the last day of the school year that the student is not participating in an activity covered by this code.
- D. Sports season- Anytime from the first day of practice to the season ending awards banquet.

MAJOR ATHLETIC CODE OFFENSES AND THEIR CONSEQUENCES

A. First Major Offense

1. Offense during the off season-- Student athletes will be denied participation during the first 50% of the participant's next competitive season. Imposition of the penalty will be when the administrator/coach is first aware of the offense. Participants will continue to attend practices. This penalty shall carry over to the following school year for underclassmen not involved in another sport this school year.
2. Offense during the sports season-- Denied participation in 50% of the sports season meets, matches or games. Penalties will carry over to post season play and or the next sports season, this school year or next, if not fulfilled during the present sports season. Imposition of the penalty will be when the administrator/coach is first aware of this. Participants will continue to attend practices.
3. The 50% penalty for the above violations shall be reduced to 20% if the first report of the violation is voluntarily made to the administration by the athlete or his/her parents/guardians.
4. Participants visiting premise/location which constitutes an illegal act and those convicted of a misdemeanor shall be penalized as per first offense punishment (50%). Those convicted of a more serious felony offense shall be penalized as per second offense punishment. This rule shall not apply to misdemeanor traffic violations, except those cases involving illegal drugs or alcohol use by the student/athlete.

B. Second Major Offense

1. Any second major offense shall result in the student athlete being suspended from athletics for the next calendar year from the date of the administrator/coaches' awareness of the violation.
2. A third major offense shall result in loss of athletic privileges for the rest of your high school career.

C. Drugs and Steroids

The 50% rule does not apply to the use of drugs/steroids. Washington state law (RCW69.41) makes it unlawful for student athletes to use, possess or sell drugs/steroids. Violation of the law will affect a student's eligibility under WAC392183-015 and WIAA eligibility rules as follows:

- a. Student athletes will be immediately ineligible for competition in the current Interscholastic Sports program for the remainder of the season. Ineligibility shall continue until the next sports season in which the student athlete wishes to turn out. In order to be eligible to participate in the next interscholastic sports season, the student athlete shall meet with the school eligibility board, consisting of coaches and administrators selected by the principal to request approval to participate. The school eligibility board will recommend appropriate action to be taken in the student athlete's case. School principals shall have the final authority as to the student athlete's participation in the interscholastic sports program.
- b. A student athlete who seeks and receives help for a problem with the use of drugs (RCW69.41.010 identified substances) shall be given the opportunity for assistance through the school and/or community agencies. In no instance shall participation in a school or community approved assistance program excuse a student athlete from

subsequent compliance with this regulation. However, successful utilization of such an opportunity or compliance with the athletic code by the student athlete may allow him or her to have eligibility reinstated in the athletic program, pending recommendation by the school eligibility authority.

- c. Second violation- A student athlete will be ineligible and prohibited from participating in any WIAA member school interscholastic sports program for a period of one calendar year from the date of the second violation.
- d. Third violation- Student athlete will permanently be prohibited from participation in any WIAA member school athletic program.

MISCELLANEOUS RULES

- A. Any athlete found to be involved in the theft of property and/or equipment at school or while on a school related trip shall be suspended from 50% of the athletic sports season meets, matches and games this sports season or his or her next sports season.
- B. Participants involved in the act of indecent exposure at school or while on school related trips shall be denied the opportunity to participate in contests for a period of 50% of that sports season and/or the next sports season that they compete. Any second offense during the school year shall result in suspension from all athletics for the remainder of the school year.
- C. The rules and regulations become effective once an athlete first signs a Tonasket High School athletic code and shall apply to said athlete throughout his/her years of enrollment at Tonasket High School.
- D. The Tonasket School District shall honor other WIAA member school's athletic codes for those students transferring for athletic purposes to Tonasket High School after violation of their previous school's athletic code.
- E. Hazing, a ritualistic test and a task involving harassment, abuse or humiliation used as a way of initiating a person into an organization or other group, is not a permitted activity in our athletic programs. These kinds of actions are considered a major offense.
- F. Coaches will set team rules and expectations that will be distributed to their athletes at the start of the season. As representatives of Tonasket High School, the athlete is expected to be a leader in promoting good citizenship and in fostering a positive image for the school and program. Failure to do so may result in disciplinary action by the coach.

PRACTICE AND GAMES RULES:

- A. Any student athlete judged truant from school during the sports season shall be suspended from competition for the next scheduled interscholastic contest. Truancy is the absence from any class or part of a class without administrative approval. The penalty will be imposed when the administrator/coach becomes aware of the truancy.
- B. All participants shall attend practices, meeting, contests, etc. unless excused by his/her coach. A participant cannot attend a practice or a contest on any day in which he/she was absent. The only exception to the latter rule, being absent for purposes of a verified doctor or dental appointments and/or with administrative approval. Any student excused from practice or play as a result of medical advice shall obtain a medical release prior to being allowed to resume athletic activity. The written release shall be kept on file in the athletic director's office. In-house suspension shall result in no denial of practice or game participation. In the event an athlete returns from any school sponsored activity after 12:00 midnight he/she may be excused for the first 50 minutes of the school day and still participate in a practice or contest that day.

In the event of a family emergency which may cause the student athlete to miss more than one class period, he/she may participate that day in a practice/game with administrative approval. The following must be completed in order to get administrative approval.

1. Your parent/guardian must contact an administrator before noon explaining the situation and requesting that their student be allowed to compete that school day.
 2. If a prearranged absence form for work release has been filled out and approved by the high school principal the athlete may participate that day/evening.
- C. Due to the types of schedules of the various sports, each coach may set the specific curfew times for their teams by the participant's coach.
- D. All participants shall refrain from the use of profanity and shall display good sportsmanship before, during and after contests. Violations shall result in disciplinary action by the participants coach.
- E. WIAA EJECTION POLICY- A player, coach, or bench personnel of the team who is ejected from a contest due to fighting, violent conduct, or abusive, vulgar or profane language shall be prohibited from participating in the next scheduled contest. There is no appeal for the first offense. A second offense may only be appealed to the WIAA executive director.
- F. A student/athlete that fails to dress down for his/her physical education class will not be allowed to participate in a practice or contest that day.

TRAVEL

- A. All participants are expected to travel as a team and dress for travel as directed by the coach.
- B. AT NO TIME SHALL A STUDENT:
1. Drive themselves to and from an out of district activity.
 2. Be released to travel home with another student, boyfriend/girlfriend, or young adult under the age of 30.
- C. Should the student unexcusably miss the scheduled district provided transportation, he/she shall not be allowed to travel to the event in private vehicle and be permitted to participate in the activity.
- D. Students may travel home from an event in a private vehicle in the following situations:
1. The parent/guardian is at the event site and personally asks the coach/advisor to release the athlete to him/her.
 2. The parent/guardian is not at the event site but would like the student to ride home with another student/athlete's parents, or an older family member. The following should take place: The parent/guardian contacts the coach/advisor or athletic director in person or by phone and request that their child ride home with another parent from the activity. The parent also sends a note indicating with whom their child should ride home. The designated adult/older relative contacts the coach/advisor at the activity and requests to take the student/athlete home.
- E. Students who are academically ineligible may not dress down for home events and are not allowed to travel with the team on away trips.

ACADEMIC REQUIREMENTS

- A. A participant shall maintain acceptable academic progress. Each participant shall have passed a minimum of four out of five classes, exclusive of any aide assignment, in the semester or trimester preceding the sport or during the sports season to be eligible to compete during that sports season. If a participant is ineligible under this rule, he or she shall have their situation reviewed at the end of five

weeks of the new semester. If the participant is passing all classes at that time competitive eligibility shall be reinstated. Students who at the semester have dropped below a 2.00 for the preceding semester will be required to attend a 40 minute study table that meets twice per week to be able to participate. Successful Summer School attendance will waive the 2.00 rule.

- B. Participants shall maintain passing grades during the semester of the sports season in which they compete. If a student is noted as not passing on a weekly eligibility check, he/she has one week to bring the semester grade(s) up to passing. Students noted as not passing for two consecutive weeks in the same class(es) shall be ineligible for the next week (Monday thru Saturday-Football Tuesday thru Monday) and each succeeding week until the semester grade(s) are passing. The athlete shall receive no more than two warnings per class during a sports season. This section will be in effect from the first day of practice through the final post season event. Students may be excused from the weekly eligibility check requirements if placed on an academic contract which is approved by the athletic director and their respective teachers.

EQUIPMENT RESPONSIBILITIES

- A. School equipment checked out to the participant is his/her responsibility. He/she is expected to keep it clean and in good condition. Loss or damage to issued equipment will be the participant's financial obligation.
- B. No participant will be allowed to participate in another sport until all previously issued equipment has been returned or proper restitution has been made.
- C. Issued equipment and uniforms are to be worn only when participating with the team or during a scheduled contest, or in the situations where permission is given by the head coach.

PARTICIPANTS DROPPED OR RESIGNED FROM A TEAM

- A. Participants who voluntarily remove themselves from a team must previously talk with his/her coach. Failure to do so shall make that athlete ineligible for another sport that sport season. The rule may be waived after an appeal to the Athletic Director and consultation with the coaches involved.
- B. Any participant who is dropped from the squad for disciplinary reasons will not be allowed to become a member of any other sport squad during that season.

APPEARANCE

- A. Appearance will be governed by Tonasket School Districts "Dress and Physical Appearance" policy 3000 series except: Hair will be cut so as to be out of the eyes, trimmed neatly in accordance with standards established by the rules of a particular sport and/or the coach involved. Haircuts, styles, and appearance in general which detract from the team image may result in temporary loss of the privilege to participate. This will be at the coaches discretion.

ATHLETIC REVIEW BOARD APPEALS PROCESS

- A. The Athletic Review Board shall consist of seven voting members, six of the members shall be appointed at the beginning of the school year and shall consist of the following individuals:
 - 1. The high school principal as board chairman.
 - 2. Two students appointed by the student council.
 - 3. Two staff members appointed by the AD/Principal-one coach not involved with the athlete in question.
 - 4. One adult from the community. (A pool of five community members to be appointed by the board of directors to be available to sit in on scheduled meetings.)
 - 5. The student/athlete appealing may ask the appointment of one staff member of his/her choice as the seventh voting member.

- B. Once notified of his/her athletic code violation, the student /parent/guardian has three school days in which to appeal. The appeal must be submitted in writing, signed by the parent/guardian and student to the high school principal. If an appeal is received, a fair hearing will be held within two days of receipt of the appeal.
- C. This process is applicable to only "Major Athletic Code" violations and is limited to the guilt or innocence of the student/athlete. Discipline commences upon the notification of the athletic code violation.
- D. The non-student members of the athletic review board will hear appeals on major violations of the athletic code that have lead to a conviction or guilty plea in the juvenile justice system to determine possible alternate consequences.

Please detach the Athletic Code and keep for your reference. Please sign this page along with your son or daughter, showing that you have read and understood the district athletic policy.

Parent/Guardian Signature

Date

Student/Participant Signature

Date

Please return this page to the Athletic Director before your first practice.

TONASKET MIDDLE SCHOOL ATHLETIC CODE

Athletes and managers are a highly visible representative of the Tonasket Middle School and Tonasket community and, as such, are expected to exhibit conduct, behavior, physical fitness, and mental discipline beyond that of other students.

It is also believed that sports participation is a positive, character building force and every effort should be made to promote and keep students in the middle school sports program.

The following rules apply to these special participants at the middle school level:

Athletic Code Offenses and Consequences

1. The use of tobacco during the sports season (smoking or chewing/use or in possession of) will result in the following suspensions:

Denied participation in meets, matches or games (the athlete will continue to practice with the team):

1st offense - 2 weeks

2nd offense - cut for the season

If the athlete or his/her parents initially report the violation, the penalty shall be reduced to one week for a first offense only.

2. The use or possession of alcohol or illegal drugs during the sports season or remaining where alcohol or illegal drugs are being used will result in the athlete being dropped from the squad for the remainder of the sports season. A second offense in this area will result in suspension from athletics for the remainder of the school year.

The nature of this offense would require the athlete to be suspended for no less than 4 weeks of games, contests or matches. This penalty will carry over into the next sports season if not fulfilled during the present season.

3. Participants visiting premises/locations which constitute an illegal act and those convicted of a misdemeanor or more serious offense will be suspended for the remainder of the sports season.

4. Hazing, a ritualistic test and a task involving harassment, abuse or humiliation used as a way of initiating a person into an organization or other group, is not a permitted activity in our athletic programs. These kinds of actions are considered a major offense.

5. Any athlete found to be involved in the theft of property and/or athletic equipment at school or while on a school related trip shall be suspended from 30% of the regular season meets, matches or games this sports season. If punishment is not fulfilled in present season, it will carry over to the next season.

6. Participants involved in the act of indecent exposure at school or while on school related trips shall be dropped from the squad for the remainder of the sports season. Any second offense during the school year shall result in suspension from all athletics for the remainder of the school year.

7. Adults from the community may report violations of the provision of this Code to the coach or school official by submitting and signing a written statement as evidence.

Practice and Game Rules

1. Any participant judged truant shall be suspended from competition for the next scheduled interscholastic event. A truancy is the absence from any class or part of a class without administrative approval.

2. All participants are expected to travel as a team and dress for travel as directed by the coach unless specifically excused by that coach. Violation shall result in discipline by the coach. Participants shall travel

to and from all athletic contests with their team. Parents or legal guardians may contact the coach or principal personally to request any alternative form of transportation.

3. Students who are academically ineligible may not dress down for home events and are not allowed to travel with the team on away trips.

Academic Requirements

1. A participant shall maintain acceptable academic progress. Each participant is expected to be passing all classes. If at any time during the sports season he/she is failing one or more classes, he/she will be put on an ineligible warning list. Within one week's time, if the participant has not brought his/her grades up to passing or shown effort to do so, he/she will be ineligible that week and each succeeding week until the grade is brought up to passing.

Equipment Responsibility

1. School equipment checked out by the participant is his/her responsibility. He/she is expected to keep it clean and in good condition. Loss or damage to issued equipment will be the participant's financial obligation.

2. No participant will be allowed to participate in another sport until all previously issued equipment has been returned or proper restitution made.

3. Issued equipment and uniforms are to be worn only while participating with the team in practice or during a scheduled contest, or in situations where permission is given by the coach.

Appearance

1. Appearance will be governed by Tonasket School District's Dress and Physical Appearance Policy 3000 series...except: Hair will be out of the eyes, trimmed neatly in accordance with the standards established by the rules of a particular sport and/or the coach involved. Haircuts, styles, and appearance in general, which detract from the team image may result in temporary loss of the privilege to participate. This will be at the coaches' discretion.

Miscellaneous Items

1. All participants shall refrain from the use of profanity and shall display good sportsmanship before, during and after contests. Violation shall result in disciplinary action by the participant's coach.

2. The rules and regulations of this Code becomes effective once an athlete first signs the code and shall apply to said athlete throughout his/her years of involvement in the Middle School Athletic program.

Local Participation Requirements

1. These local requirements must be met prior to participation in a given sports season. Once each is on file, it will apply for the entire school year.

A. A medical physical prior to the first practice must be on file.

B. Purchase of school sponsored athletic insurance or an insurance waiver signed by a parent or guardian on file prior to the first practice.

C. Tonasket Middle School Athletic Code signed by parents and participants shall be on file prior to the first practice.

D. Emergency treatment medical form, signed by parents, shall be on file prior to the first scheduled practice. The coach shall have the medical forms with the team at all times.

- E. The purchase of a valid Tonasket Middle School ASB card shall be purchased prior to the first scheduled contest.
- F. User's Fee Contract signed by the participant and parent/guardian shall be on file in the athletic director's office and fee paid to the school secretary prior to the first contest that sports season (if applicable).

Athletic Review Board

The Athletic Review Board shall consist of seven voting members, six of the members shall be appointed at the beginning of the school year and shall consist of the following individuals:

- A. The Athletic Director
- B. Three students from the student council
- C. Two staff members appointed by the Athletic Director

In addition, the student appealing has a right to ask the appointment of one staff member of his/her choice as the 7th governing member. An appeal may be made to the Athletic Board only upon the guilt or innocence of the suspended participant. The six permanent members shall, at the start of each year, meet and Dra. Procedures to govern their deliberations. Appeal from the decision of the Athletic Review Board shall be to the Board of Directors at their next regular meeting.

Please detach the Athletic Code and keep for your reference. Please sign this page along with your son or daughter, showing that you have read and understood the district athletic policy.

Parent/Guardian Signature Date

Student/Participant Signature Date

Please return this page to the Athletic Director before your first practice.